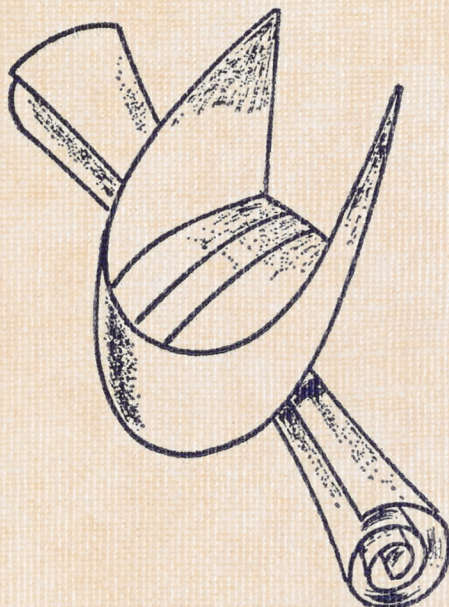


White

Wings



1963







J. H. M. Allen





VICTORIA GENERAL

SCHOOL OF NURSING



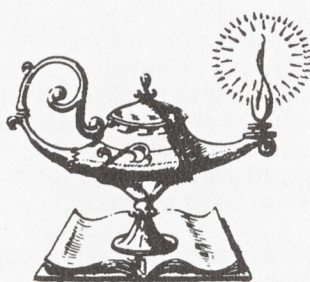








Victoria General Hospital  
School of Nursing  
Yearbook  
1963





**Dedicated**  
**to Mom and Dad**

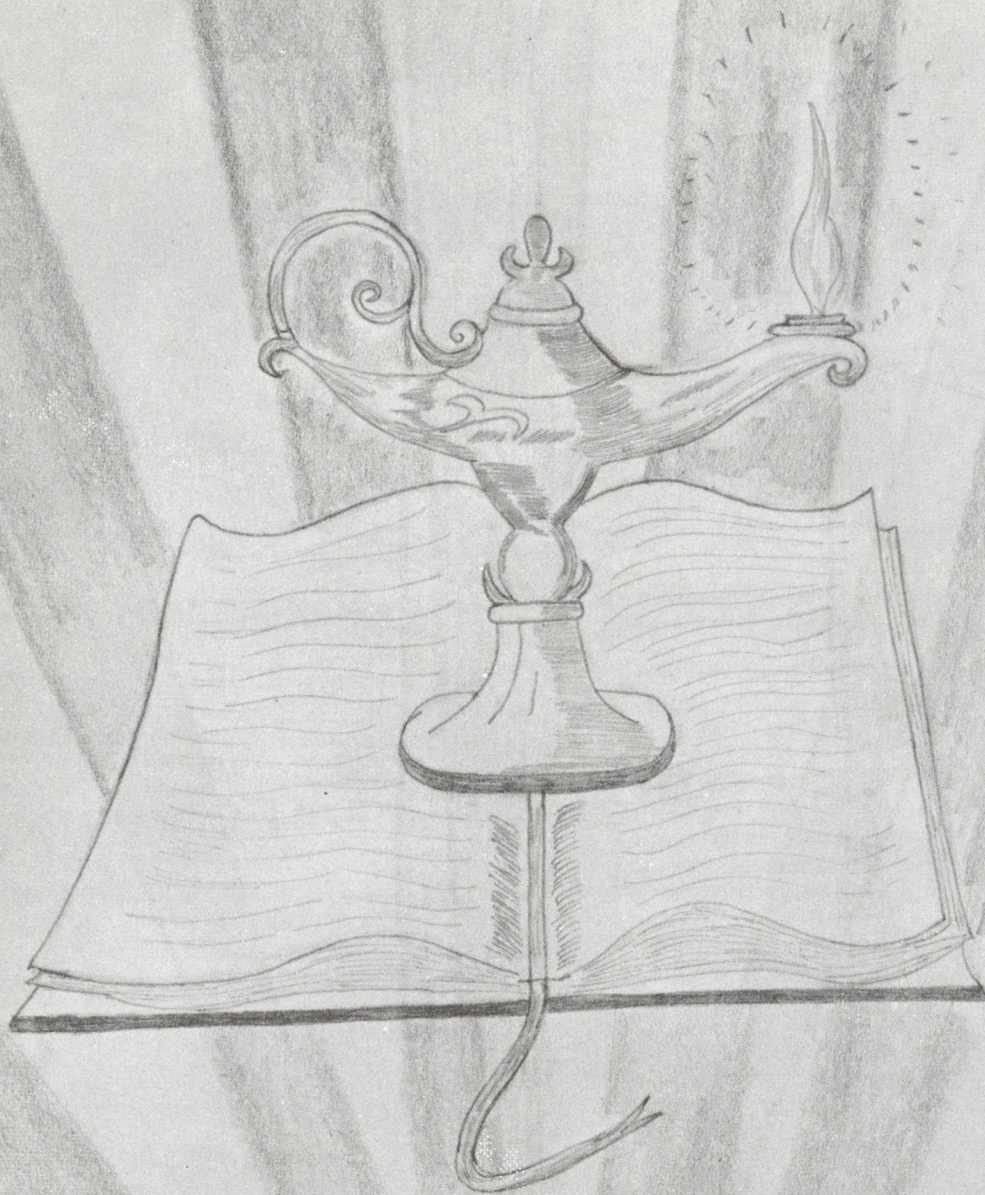
To you, who all these years  
Have laboured and cared and loved,  
And given us a home -  
Where first we learned what it meant  
To be loved and have security;  
And where you taught us patience  
And understanding.

How much we have to thank you for  
In these past years of nursing;  
Your practical love in those parcels from home,  
Your sharing of problems and the help you gave;  
Your understanding hearts  
When the rugged path seemed too steep to climb,  
And the goal too hard to attain.

To you, who moulded and shaped our lives  
To help us attain our goal - - -  
Let us express our heartfelt "Thanks."



# THE FLORENCE NIGHTINGALE PLEDGE



I solemnly pledge myself before God and in the presence of this assembly to pass my life in purity and to practise my profession faithfully. I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession, and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavour to aid the physician in his work and devote myself to the welfare of those committed to my care.





Front Row: Mrs. D. Smith, Misses E. Douglas, I. Misener, K. Foubert  
 Back Row: Misses B. Mertz, M. Nielson, V. Shiaro, D. Bottrell.

## YEARBOOK STAFF

Honorary Editor	Miss Misener
Editor	Dianne Archer
Assistant Editors	Eileen Douglas, Karen Foubert
Business Manager	Doris Smith
Advertising Manager	Violet Baillie
Literary	Dianne Bottrell
Art	Myrna Nielsen
Copy	Valerie Shiaro
Photography	Beverly Mertz



# EDITORIAL



The 1963 edition of our yearbook, "White Wings," is a treasure book, a diary of our memories and experiences as student nurses. As our last year of nurse's education comes to an end, it is my privilege to present this edition so that you may share these memories with us.

We have experienced many happy occasions during our three years which we shall never forget. We have made many friendships and have gained a vast amount of knowledge.

All this will remain so important to us as we leave our present environment and take our respective places in the nursing profession. It is hard to believe that these three years have passed so quickly.

We look into the future with some apprehension and think back to our first month as a student nurse. All the guidance, restrictions and discipline has certainly contributed to our maturity.

We are now ready to go forth dressed in the uniform of a graduate nurse. With regret we leave our classmates, friends and fellow students.

We have conquered the many obstacles we thought were unconquerable. We have laughed and sympathized together. These have been a wonderful three years.

I wish to express my sincere thank-you to everyone who has made this publication a cherished memory for the graduating class.

A special thank-you to the yearbook staff for their capable assistance. It has been a wonderful year and a pleasure to work with you.

The very best to our fellow students and good luck in all your future endeavours.

Dianne Archer,  
Class, 1963.



# TO THE GRADUATING CLASS OF 1963

It is my pleasure to congratulate the Class of 1963 on their Graduation from our School of Nursing. I congratulate you also on behalf of the Board of Trustees who have attempted to give the necessary assistance and guidance to the Faculty of Education of the Victoria General Hospital.

The Graduates of the School are Nurses who meet the requirements of a good basic education and that of a competent nursing practitioner who will continue in their professional development.

The Board of Trustees guide themselves with the continuing changes in techniques and objectives in Nursing Educational training. Educational programs are being changed and improved upon continuously through the advance in medicine and science that becomes available in both the medical profession and the Hospital Organizations.

We do change with the times and this class has the advantages of the latest scientific and technical knowledge that is available for educational purposes at this time.

We know the period of training has been arduous and has necessitated the utmost concentration by this class. But, this is only the beginning of the training necessary in being competent qualified nurses.

We hope that you will continue to learn and improve your knowledge as a nurse and those attributes most necessary to make a considerate human being, all towards the betterment of your profession and the high standards required as medical progress brings further responsibilities.

We wish you good luck and God Speed in your profession. May you always be proud of the Victoria General Hospital and your affiliation through your education.

A. Allyn Rossen,  
Chairman, Board of Trustees.



# TO THE GRADUATING CLASS OF 1963

Although the Yearbook and your final examinations are the culmination of a three year learning experience, they represent the beginning of a period of vital growth and continuing development as an individual and as a representative of the nursing profession.

We hope your next phase will see the fulfilment of your aspirations and expectations and, that the knowledge gained during your educational period will form the bud for a growth which will enable you to contribute to the strides which the nursing profession is effecting in the improvement of the quality and thoroughness of nursing service and patient care.

To you go the congratulations and best wishes of the staff of the Victoria General Hospital.

L. A. Quaglia,  
Administrator.





## TO THE GRADUATING CLASS OF 1963

On behalf of the faculty of the school of nursing, I congratulate you, and wish for you, a challenging future.

The history of nursing has been a history of service to members of society; perhaps through physicians, hospitals, or agencies. The apprenticeship system has changed to call for genuine competence in the practice of nursing in all types of health services, and also for skill in directing the work of others. We must be prepared to assist in councils where social policy is decided. May you take your place confidently and honourably.

Isabel Misener,  
Director, School of Nursing.

## TO THE GRADUATING CLASS OF 1963

On this happy occasion, it is my pleasant duty as President of the Medical Staff, to extend sincere congratulations to the graduate nurses of the Victoria General Hospital.

By choosing the honoured profession of nursing, you have realized one of your cherished ambitions, which is to dedicate your lives to the care and alleviation of the sick and suffering mankind.

I am confident that the sound education that you received in our School of Nursing will find you ever eager and well prepared to meet every challenge in your chosen vocation.

It is our fervent hope that you will continue to acquire new skills and a great deal of personal satisfaction.

May I wish you every success and happiness in the future that unfolds before you.

Dr. B. Dyma,  
President, Medical Staff.







## TO THE GRADUATING CLASS OF 1963

"Everyman's work, whether it be literature or music or pictures or architecture, or anything else, is always a portrait of himself."

- Samuel Butler -

Nursing is somewhat like the theatre. It has both tragedy and comedy. The leading role is played by you, the professional nurse.

You have been prepared now to accept this role but it will be up to you to develop your part. The success of a play depends greatly on the casting.

May nursing be a rewarding career to you all.

(Mrs.) G. Fletcher,  
Director of Nursing Service.

## TO THE GRADUATING CLASS OF 1963

My sincere congratulations to the Class of '63. It gives me pleasure to wish you happiness and success.

Remember, "You have knowledge in your head, have mercy and tolerance in your heart, and the touch of angels in your fingertips." - Dr. R. Vant.

(Mrs.) L. Abbott,  
Assistant Director,  
Nursing Service.







Miss I. Misener, Mrs. G. McDougall, Miss A. Morley, Miss B. Speed, Mrs. L. Rost VanTonnigen, Miss C. Enns.

## TEACHING FACULTY

Miss I. Misener	Director of Nursing Education
Miss C. Enns	Science Instructor
Mrs. L. Rost Von Tonnigen	Nursing Arts Instructor
Miss A. Morley	Clinical Instructor
Miss B. Speed	Clinical Instructor
Mrs. G. McDougall	Social Science Instructor



# SUPERVISORS



Left to Right: Mrs. D. Gooding, Mrs. R. Bain, Mrs. R. Franks.



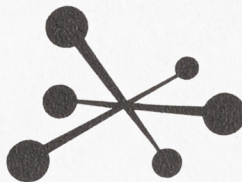
Left to Right: Mrs. K. Carpenter, Miss E. Macdonell, Mrs. P. Drewett  
Missing: Miss B. Barnard



# HEAD NURSES



Left to Right: Miss E. Willms, Miss P. Egan, Mrs. S. Dangerfield, Mrs. S. Rothenberger, Mrs. A. Skuba, Mrs. N. Hayden.





# THE NURSES' ALUMNAE

Congratulations to the graduates of 1963. The Victoria General Hospital Nurses' Alumnae wish you the best in the future.

Our ultimate aim is to help the student body.

We have had a successful year and are presently working on various projects for this year.

We happily anticipate your assistance as future alumnae members and welcome you to our monthly meetings.

Maxine Axford,  
President.

# THE LADIES' AUXILIARY

Congratulations to the graduates of 1963.

The Ladies' Auxiliary, Victoria General Hospital, is a volunteer group who make all the linen and cotton supplies for the hospital. Nothing is wasted, we make the new, and remodel the old.

We make such things as drapes and binders. Last year, 1962, we produced 3,000 pieces. Our tea and bazaar was our only money making effort with which we maintain our hospital ward, waiting room, and our sewing machines.

(Mrs.) D. S. Deally,  
President.

# THE EMILY BEATH GUILD

Congratulations to the graduates of 1963.

The Emily Beath Guild of the Victoria General Hospital have approximately 25 active members doing volunteer work in the hospital. We have opened a new gift shop which is manned daily by the different members. A gift cart is taken around once a week distributing magazines also selling various items from the gift shop.

In addition the volunteers look after patients' flowers, distribute mail, take on the coffee break at the coffee bar, also work in the supply room rolling bandages, etc. As time goes on, and we have a new hospital we hope to augment our number of volunteers and will then be in a position to do any extra work allotted to us.

Yours very truly,  
(Miss) Jeanette Currie,  
President.





GRADUATION



# VALEDICTORIAN

At last, our long awaited day has come-- Graduation! It seems that we have been climbing step by step up a long pathway ever pressing onward towards a common goal-- that of becoming a professional registered nurse.

We have certain pride and joy in our achievement, for the pathway often proved rugged and at each step some new obstacle had to be overcome.

But if we look deeper we also feel a twinge of sadness for we are leaving all that, which has made up our lives as student nurses. During the last three years, we have had many new experiences -- many of which we will never forget.

Remember fellow classmates our first night in the school? I'm sure it will remain vivid in our minds, for most of us were still wide awake at 3 o'clock in the morning tossing and turning--wondering what the next day would bring forth.

Then, came our first Anatomy class from which we emerged feeling more like a medical dictionary than human beings.

The worried experiences we shared on wards which ranged from assisting a doctor with a sterile dressing to washing equipment in the service room, are memories which we shall never forget.

It's not every class that celebrates by walking downtown for an 89¢ dinner!

These three years have been a maturing process, for during this time we have come face to face with two of life's most crucial moments--the miracle of birth and the inevitability of death.

We have learned also how much comfort a soft word, a kindly deed, and a light touch can bring to the patient.

These experiences we have not faced alone. We want to pay tribute to those of you who have seen us through these years.



To Miss Misener, to our instructors, and to the nursing service departments, we thank you for your diligence in instruction and guidance.

Your constant repetition - line upon line, precept upon precept has laid the very foundation necessary for nursing. You have been the incentive in our attempt to become "twenty-one fine nurses."

To the doctors, we thank you for your confidence in us, your guidance and understanding. Our association with you in the classroom, on wards, in the operating and case rooms, has contributed a great deal in the realization of our goal.

To mother and dad, how can we express our gratitude to you, for without you we would not have achieved our goal!

Your unfailing encouragement, your faith in us, and your love has spurred us on when we felt like turning back. We thank you for your reprimands too, as well as your praise and counsel.

To those - friends and loved ones who perhaps have encouraged us on by a word or smile - thank you.

To the undergraduates - our little sisters, we will miss you.

As you travel onward never lose sight of your goal. I would leave you counsel that my father gave me. "Keep looking to Him, who



alone can be your inner source of strength, He will see you through." Remember these words:

"There is nothing too small for His love  
And nothing too great for His power."

Fellow classmates - Graduates of 1963 - our goal has been reached! We have not "lost" one classmate along the way, but have gained two. The sharing of our joys and sorrows have strengthened our bonds of friendship.

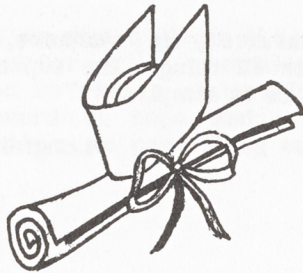
If we look beyond our goal before us lie many untrodden pathways - pathways leading towards Public Health, post-graduate studies, nursing education and general duty. Whatever

pathway you choose, I wish you every success.

In closing, I would like to quote a verse in Philippians 4:8 - a verse to guide your steps onward:

"Finally Brethren,  
whatsoever things are honest,  
whatsoever things are just,  
whatsoever things are pure,  
whatsoever things are lovely,  
whatsoever things are good - report:  
if there be any virtue,  
if there be any praise -  
Think on these things."

Donna Paterson,  
Class 1963.







DIANNE ARCHER  
Flin Flon, Manitoba

"No endeavour is in vain,  
Its reward is in the doing  
And the rapture of pursuing  
Is the prize the vanquished gain."

- Longfellow



PATRICIA ATHERTON  
Edmonton, Alberta

"In character, in manners, in  
style, in all things, the supreme  
excellence is simplicity."

- Longfellow



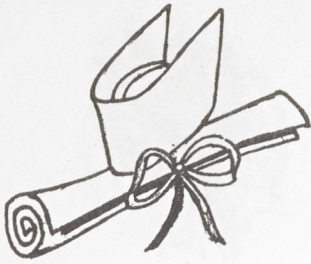
MARILYNNE BENTHAM  
Morris, Manitoba

The talent of success is nothing  
more than doing what you can do  
well, and doing well whatever you  
do, without a thought of fame."

- Longfellow







NORMA DENOON  
Eden, Manitoba

Man looketh on the outward appearance, but the Lord looketh on the heart.

Be strong and of good courage  
. . . . . He will not fail thee.

- The Bible



MARGARET CURLL  
Portage la Prairie, Manitoba

Let us give a gleam of happiness  
wherever it is possible. It is  
good to give a smile of cheer,  
a word of hope and a helping  
hand as we pass along our way.



MARLYS BJORNSON  
Lac du Bonnet, Manitoba

Oh, well for him who breaks his  
dream,  
With the blow that ends the strife,  
And, waking knows the peace that  
flows,  
Around the pain of life.

- Author Unknown







JANET GRAHAM  
Carberry, Manitoba

"Look not mournfully into the past. It comes not back again. Wisely improve the present. It is thine."

- Longfellow



NORMA HARRISON  
Boissevain, Manitoba

Give me a tongue for truth, a heart that loves, and a mind that reasons.

- Anonymous



ROSIE HILDEBRAND  
Bagot, Manitoba

Life is a mirror of king and slave  
It is what you are and do  
So give the best you have to life  
And the best will return to you.

- Anonymous







JEANETTE McDONALD  
Carberry, Manitoba

And on that cheek and o'er that  
brow,  
So soft, so calm, yet eloquent,  
The smiles that win, the tints  
that glow,  
But tell of days in golden spent.

- Lord Byron



MARGARET MARR  
Winnipeg, Manitoba

O world, thou choosest not the  
better part!  
It is not wisdom to be only wise,  
And on the inward vision close the  
eyes,  
But it is wisdom to believe the  
heart.

- G. Santayana



DONALDA KATZ  
Winnipeg, Manitoba

"Henceforth be mine a life of  
action and reality;  
I will work in my own sphere,  
nor wish it other than it is. This  
alone is health and happiness."

- Longfellow.







DONNA PATERSON  
Neepawa, Manitoba

Behind our life, the Weaver stands  
And works His wondrous will  
When yielded to His all-wise hands  
We learn His wondrous skill.



JUDITH SIGURDSON  
Selkirk, Manitoba

Ask, and it shall be given you;  
seek, and ye shall find; knock,  
and it shall be opened unto you.

- The Bible

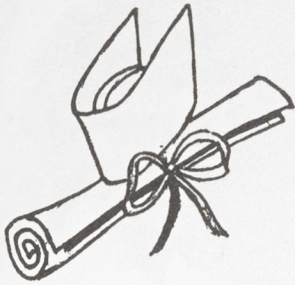


DORIS SMITH  
Winnipeg, Manitoba

To each has been given  
A bag of tools,  
A shapeless rock,  
And a set of rules.  
Each one forms 'ere life has  
flown  
A stumbling block or a stepping  
stone.







DOREEN WILLIAMS  
Virden, Manitoba

Often do the spirits  
Of great events stride on  
before the events  
And in today already walks to-  
morrow.

- Samuel Taylor Coleridge



ROSEMARIE WIEBE  
Morris, Manitoba

That nothing walks with aimless  
feet;  
That not one life shall be destroyed,  
Or cast as rubbish to the void,  
When God hath made his pile  
complete.

- Alfred Lord Tennyson



ELEANOR SPALDING  
Swan River, Manitoba

To warn, to comfort, and command;  
And yet a spirit still, and bright  
With something of an angel light.

- Wordsworth



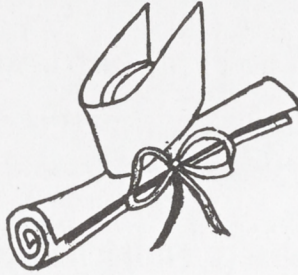




JOCELYN WILSON  
The Pas, Manitoba

Let us, then, be what we are and  
speak what we think, and in all  
things  
Keep ourselves loyal to truth, and  
the sacred professions of friend-  
ship.

- Longfellow



FLORENCE ZIPRICK  
Russell, Manitoba

Wisdom is the principle thing;  
therefore get wisdom,  
And with all they getting, get  
understanding.

- Proverbs



HENRIETTA WRIGHT  
Strathclair, Manitoba

I am a part of all that I have met;  
Yet all experience is an arch wherethro'  
Gleams that untravelled world.

- Lord Tennyson



The smile of love, the friendly tear,  
The sympathetic glow.

- Robert Burns



# Awards

## **PROFICIENCY IN OBSTETRICS**

Presented by VICTORIA GENERAL HOSPITAL LADIES' AUXILIARY

Miss Jeanette MacDonald — Carberry, Manitoba

## **GENERAL PROFICIENCY**

Presented by Dr. Tisdale

Miss Marilynne Bentham — Morris, Manitoba

## **SURGICAL NURSING**

Presented by Dr. S. S. Peikoff

Miss Dianne Archer — Flin Flon, Manitoba

## **PROFICIENCY IN BEDSIDE NURSING**

Presented by the Emily Beath Guild

Miss Doreen Williams — Virden, Manitoba

## **HIGHEST AWARD IN THEORY**

Presented by Dr. Victor Rosenfield

Miss Judith Sigurdson — Selkirk, Manitoba

## **THE ROSSEN PERSONALITY AWARD**

Presented by Mr. A. A. Rossen

Miss Donna Paterson — Neepawa, Manitoba

## **THE CANADIAN NURSE AWARD**

To the student showing the most promise in the Junior Year

Mrs. Mildred Smith — Whittome, Saskatchewan

## **AWARD TO THE INTERMEDIATE STUDENT**

To the student showing the most promise in the Intermediate Year

Presented by Mr. A. Allyn Rossen

Miss Wendie Fordyce — Dauphin, Manitoba



# OUR CLASS DIARY — 1963

September 19th, 1960 --

Our first day - new faces, mixed feelings, and new fears.

September 20th --

We toured the hospital, met our instructresses, and paid our fees.

September 21st --

First day in the classroom - all those text books!

October 19th --

Initiation - Remember our costumes?

How far could we go on 2¢ worth of gas? Pat's first look at the O.R.

October 28th --

Our first Hallowe'en Party - even had men for dancing partners!

November 3rd --

First day on wards. Were we ever scared eh? Remember all the things we did wrong! And how early we arose that morning to get our uniforms on.

December 18th --

Our first Christmas Party. Remember the "thoity, doity, poiple boids?" (as if we could forget). Home for holidays - were we ever excited.

January 5th, 1961 --

Back to classes and more exams in "probie block."

January 20th --

Remember the soggy oranges and sore arms as we "perfected" our injection technique!

February 14th --

Our M.S.N.A. formal dance. Lynn was our princess. Did it ever snow. Who drank the cocktails?

February 16th --

Our "1/6th of the way" party (after lights out) in Norie's room. Remember "Webber" running into the closet every two minutes. Scared? -- not much!

February 24th --

End of our "probie block." We all passed our exams and are still together. Now to "try out" our 12:00 o'clock passes.

March 7th --

Received our white nurses' bibles at our "Open House." On wards for three weeks at a stretch. Our first bout of shift work.

April 3rd --

The beginning of our "Junior Block" - all those notes, lectures and doctors.

April 5th --

Remember Marlys being hypnotized in the nursing arts room. What was on her mind?

June 5th --

End of our "Junior Block". Remember the condition of our rooms and us in general? All those trips to the "Dairy Queen" and the amount of "freshie" we drank. Was it hot - Whew!

July --

The start of summer holidays and a new classmate. Right - Donnie!

August --

Rose H. and Florence A. What was the big attraction "On the Beach?" (Wpg. Beach that is).

September --

Graduation - We bid farewell to the class of 1961 (our big sisters), welcome the class of 1964 (our largest yet) and begin our affiliations.

October --

Remember room 20 on B-East Bobby? Why the separate technique???

November --

Our capes are here at long last. Boy! were we proud. Chevrons put on our blues indicating we were in second year.

January, 1962 --

Jan's. big day - and all those diamonds. Lucky gal. Our best wishes went out to Jan.

We welcomed our second new classmate. Right, Mardi?

February --

Hey! Jeanette, what happened in front of the theatre in Brandon? Suddenly there was a crash and . . . . . !

March 19 --

Our "half-way party" - A real "cool" time was had by the eighteen "beatniks" present. We phoned long distance to Brandon to wish our remaining classmates "all the best." Had a scrumptious supper - thanks to Mrs. Marr.

April --

Night shift proved very interesting for Doreen at the King George. Right, Dodie?



May --  
Judy's big day and "our" third diamond.  
What a sparkler, eh? Congrat's went out to  
Judy from all of us.

Remember Jocelyn's unexpected 4:00 a.m.  
visitor? (as if we could forget).

June --  
Marlys and Judy went to Nurses' Convention  
which was held in Vancouver, via T.C.A.  
Had a happy landing - right, kids?

Etta found the Red River Ex. interesting!

August --  
"Smitty" spent part of her summer holidays  
in the hospital as a patient. We notice that  
she drives a real "snappy" red car too!

September --  
We bid farewell to the Class of '62, and  
welcome the class of '65.

We enjoyed pizza pie and a gathering after to  
celebrate our "two-thirds" of the way party.  
"Tails out."

November --  
Our Student Council purchased a new stereo  
combination radio and record player. What a  
machine!

Norma H. made her first "flight to cloud  
nine" with you know who!

December --  
Our last Christmas in nursing. Our faithful  
evening secretary suffered an unfortunate

accident. We missed Mrs. Riddell very much  
during her absence.

\*No more compulsory study. Remember our  
reactions?

January 1963 --  
Donna Paterson was elected valedictorian for  
our class. The second group of students left  
for their affiliation at the Brandon Mental  
Hospital.

We christened our new Hi-Fi with a party.

February --  
Our last M.S.N.A. formal which was held at  
the Sildor on the 14th. Hard to believe this  
was to be our last one together.

March --  
We received our school pins and proudly  
wore them on our starched bibs. Finally  
our last six months are here!

April --  
The third and final group of Class '63 left  
for their affiliation at the Brandon Mental  
Hospital. Poor Norma D., who will she fight  
with now that she's leaving Stanley?

July --  
We are all back together again. Now for  
graduation and our R.N.'s.

The three years of memories will linger  
with us forever.

Dianne Archer,  
Lynne Bentham,  
Class of '63.

## FAREWELL FROM THE GRADUATES

Our student days are slowly drawing to a  
close. We are now looking forward to graduate  
life with much anticipation and eagerness--  
but not without some feelings of sorrow and  
fear of the unknown.

We have been fortunate. Our student days have  
been happy and memorable. Therefore, as we  
swing through the "last door" we smile  
through our tears for, as we say goodbye  
to student life we also must say goodbye to  
much that has become near and dear to us.

It is our privilege now, to express our grati-  
tude to everyone responsible for our worth-

while clinical and educational experience.  
Each of us will endeavour to be a credit  
to our Alma Mater.

To the Intermediate and Junior classes - it  
is our sincere wish for your every success  
and happiness in your chosen career. Do not  
wish your student days away. These are golden  
days when you are building a sturdy foundation  
which will soon submit itself to a happy,  
worthwhile future.

Rosemarie Wiebe  
Class 1963



# THE GRADUATES LAST WILL AND TESTAMENT

- I, Dianne Archer,  
bequeath my coffee cup and 1963 calendar  
to Eileen Douglas.
- I, Patricia Atherton,  
bequeath room #63-Brandon residence to  
Diane Bottrell.
- I, Marilynne Bentham,  
bequeath "Moses Benson" to Myrna  
Neilson.
- I, Marlys Bjornson,  
bequeath my height to Eileen Jeffrey.
- I, Margaret Curll,  
bequeath my potatoes and gravy to Joy  
Brown.
- I, Norma Denoon,  
bequeath my huge stuffed animals to Janet  
Wruck.
- I, Janet Graham,  
bequeath my writing paper to Virginia  
Shymko.
- I, Norma Harrison,  
bequeath my leprechauns to Valerie Shiaro.
- I, Rosie Hildebrand,  
bequeath my 32A to Dorothy Thompson.
- I, Donalda Katz,  
bequeath my red slippers to Lauraine Grey.
- I, Margaret Marr,  
bequeath my pharmacy to Helen Hutchison.

- I, Jeanette McDonald,  
bequeath my size elevens to Marilyn  
Beuchler.
- I, Donna Paterson,  
bequeath my piggybank to Irene Koop.
- I, Judith Sigurdson,  
bequeath my allergy kleenex to Beverley  
Mertz.
- I, Doris Smith,  
bequeath my Underwood typewriter to Violet  
Baillie.
- I, Eleanor Spalding,  
bequeath my front tooth to Eileen Sunder-  
land.
- I, Rosemarie Wiebe,  
bequeath my bar glasses to Maureen  
Tailleau.
- I, Doreen Williams,  
bequeath my "bottle toting bag" to Joan  
Einarson.
- I, Jocelyn Wilson,  
bequeath my "Jim-Dick-Ben" to Elvira  
Hildebrand.
- I, Etta Wright,  
bequeath my parcels from home to Adeline  
Lowen.
- I, Florence Ziprick,  
bequeath my P.A. II notes to Catherine  
Cantafio.

\*\*\*\*\*

## REMEMBER WHEN

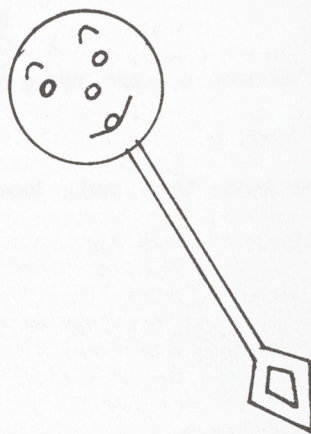
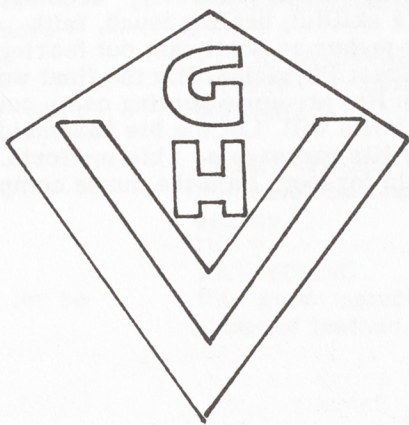
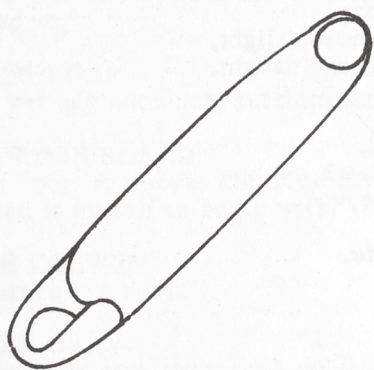
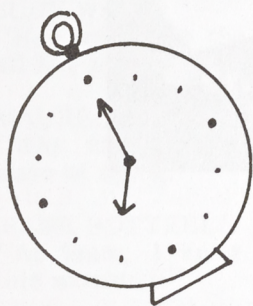
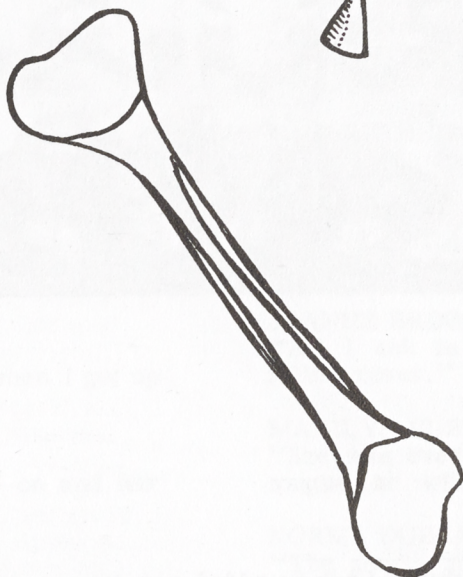
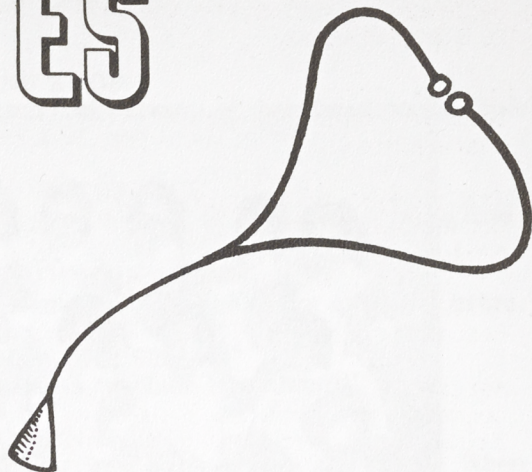
\*\*\*\*\*

- "Zip" - took oral temps with a rectal ther-  
mometer.
- "Norie" - took such pains to strain a specimen  
only to find she had strained it into  
the wrong 24-hour bottle.
- Harrison - carefully measured out a 24-hour  
specimen only to throw it down the  
drain.
- "Etta" - said that Dr. Middlemass couldn't  
be an Englishman because he didn't  
carry an umbrella.
- "Margie" - was slightly anesthetized by Dr.  
Lambie in class.
- "Webber" - During junior block exams, did  
her impressions of the V.I.P.'s.
- Marlys - was hypnotized by Dr. Smelka and  
started to remove her dress belt.
- Lynne - read Dr. Vann's famous order  
"massage at h.s."
- Doreen - was about to "prep" a mother-to-  
be on "Mat" who was in for an  
exodontia.
- Hildebrand - sterile nurse, picked up a soiled  
sponge from the floor.

- "Smitty" - landed at the breakfast table minus  
her bargin with her collar flapping.
- "Judy" - took her first trip to Swan River  
and expected to see Eskimos in  
igloos.
- "Mic" - dumped that vase of flowers onto  
an occupied bed that she had just  
made.
- Jocelyn - celebrated her 22nd birthday!
- "Bobby" - stayed the night at St. John's  
College.
- Janet - had a wee accident - Lynne! Broken  
finger anyone!
- "Pat" - took her "fatal plunge" at the  
quarry.
- Denoon - walked in to the O.R. and con-  
taminated Marlys' sterile field.
- Donna - was taking temps and put a ther-  
mometer into a visitor's mouth.
- "Donni" - slept on the floor in the room of  
Wiebe, Marr and Bjornson.
- "Mardi" - didn't know Mr. Rosenfield by  
sight and while talking to him, told  
him what she thought of the ad-  
ministrator.



# INTERMEDIATES





# THE CLASS OF 1964



These things I ask be added unto me --  
That skill acquired in three long years appear  
As not for naught. Patience, abounding, strong  
With mankind's little whims to suffer long.  
A touch, not harsh withal, yet none too light,  
Hovering as a butterfly, accomplishing naught.  
I ask a skillful, healing touch, faith  
In my maker as shall cast out fearing  
The Great Physician, His the final word,  
And in His presence healing casts out death,  
If such His will. Let me his handmaid be,  
Carry His message as I hie me forth.  
Then in forsooth I am the nurse complete.



# CLASS OF 1964

## FRONT ROW

CATHERINE CONTAFIO

"Oh, why should life all labor be."

EILEEN DOUGLAS

"Though she be little, she be fierce!"

DARLEEN JOHNSON

"Smile - with an intent to do mischief."

BEVERLY MERTZ

"Dreams with recollection tender, fill the heart with richer splendor."

JUDY WHITE

"Her ways are the ways of pleasantness and all her paths are peace."

MAUREEN TAILLEAU

"Why study when there are more honorable ways of dying."

DIANE BOTTRELL

"At least, I knew who I was when I got up this morning!"

EILEEN JEFFREY

"She liked what'ere she looked on and her looks went everywhere."

## BACK ROW

JOY BROWN

"To take the bitter with the sweet; assured 'tis better so."

LINDA KRUEGER

"I hear, yet say not much, but think the more."

EILEEN SUNDERLAND

"I can't put it more clearly; for I can't understand it myself to begin with!"

ADELINE LOEWEN

"Still waters run deep."

LAURAINNE GRAY

"Tomorrow is not promised us - so let us take today."

IRENE KOOP

"From the crown of her head to the soles of her feet, she is all mirth."

WENDIE FORDYCE

"That where there is hatred I may bring love."

DOROTHY THOMPSON

"The one who blushes is not quite the brute."

MYRNA NIELSEN

"There is no place like home!"

JOAN EINARSON

"Do you not think I am a woman? When I think, I must speak."

VALERIE SHIARO

"Two heads are better than one."

Missing--

VIOLET BAILLIE

"To be awake is to be alive."

JOANNE BROOKER

"All I ask is a merry yarn from a merry fellow rover."

MARILYN BUECHLER

"She was ever fair and never proud--Had a tongue at will and yet was never loud."

NORMA DUECK

"The gentle mind by gentle deeds is known."

ELVIRA HILDEBRANT

"Never say more than is necessary."

HELEN HUTCHISON

"I can resist anything but temptation!"

VIRGINIA SHYMKO

"There is more in me than thou understandeth."

JANET WRUCK

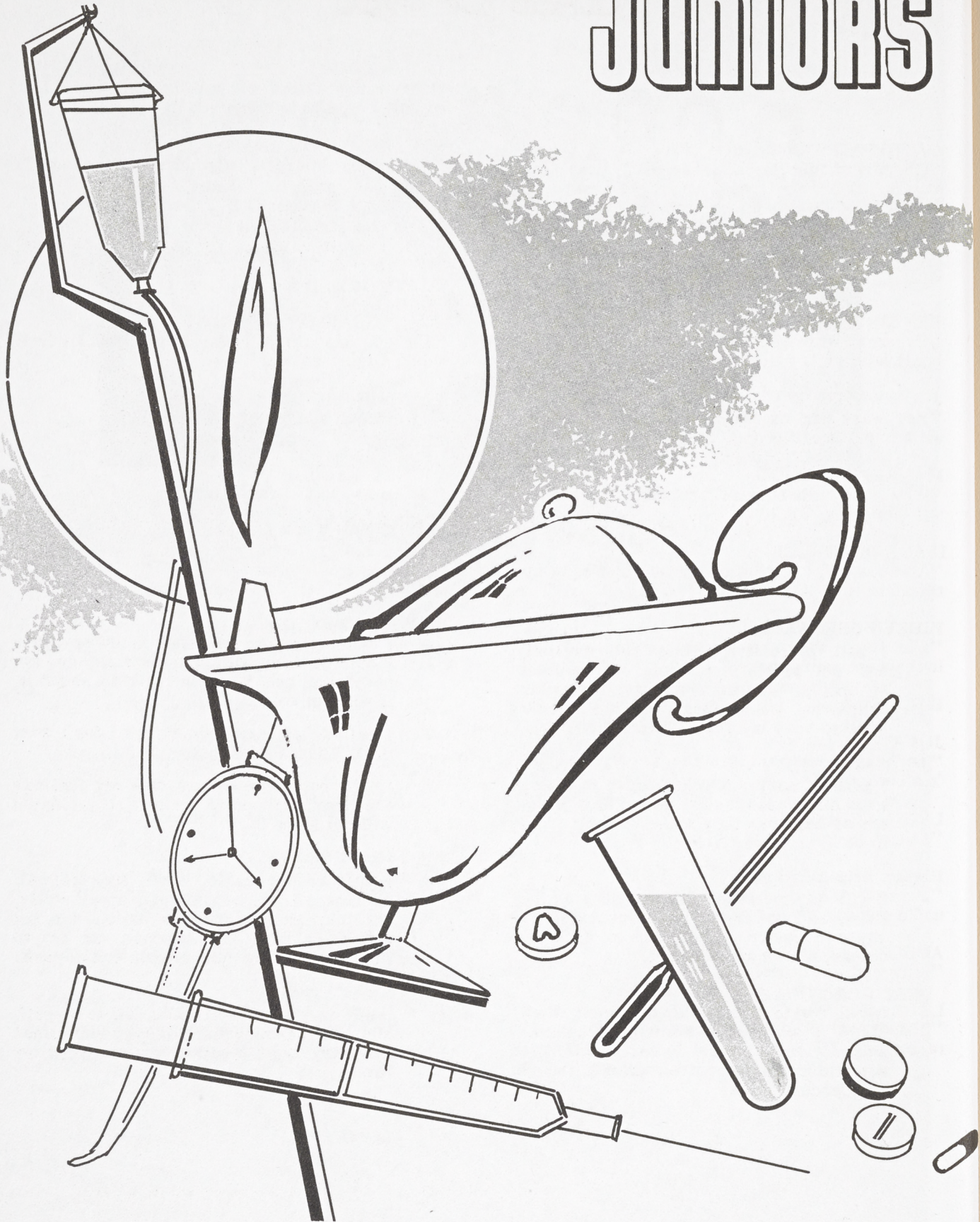
"I have no reason other than a woman's reason."

PAT YOUNG

"A good natured soul that ever trod on shoes of leather."



# JUNIORS





# CLASS OF 1965



## JUST FOR TODAY

### JUST FOR TODAY

- I will try to live through this day only, and not tackle my whole life problem at once. I can do something for twelve hours that would appall me if I felt that I had to keep it up for a lifetime.

### JUST FOR TODAY

- I will be happy. This assumes to be true what Abraham Lincoln said: "Most people are as happy as they make up their minds to be."

### JUST FOR TODAY

- I will adjust myself to conditions as they exist, and not try to adjust everything to my own desire. I will take my luck as it comes, and fit myself to it.

### JUST FOR TODAY

- I will try to strengthen my mind. I will study. I will learn something useful. I will not be a mental loafer. I will read something that requires effort, thought and concentration.

### JUST FOR TODAY

- I will exercise my soul in three ways:
  1. I will do somebody a good turn, and go, not found out; if anyone knows about it, it will not count.
  2. I will do at least two things I don't want to do - just for exercise.
  3. I will not show anyone that my feelings are hurt; they may be hurt, but today I will not show it.

### JUST FOR TODAY

- I will be agreeable. I will look as well as I can, dress becomingly, speak softly, act courteously, criticize not one bit, not find fault with anything and not try to improve or regulate anyone but myself.

### JUST FOR TODAY

- I will have a quiet half hour all to myself, and relax. During that half hour sometimes I will try to get a better perspective of my life.



# CLASS OF 1965

## FRONT ROW

### MARION HUI

Marion is our import from Hong Kong,  
As far as we know she can do no wrong,  
With her dictionary under her arm,  
She smiles and beams with charm.

### DOROTHY SUTHERLAND

In our class is a girl named Dot,  
Who always seems to hit the spot,  
Christmas in hospital she did spend,  
Making an endless number of friends.

### FAYE BRANDSCOMBE

From Carrot River hails a girl named Faye,  
She never has too much to say,  
But singing she just loves to do,  
And receives high marks in class too.

### KAREN WALLSTROM

Exaggeration is this girl's key note,  
M.S.N.A. princess, for whom we did vote,  
Letters to New Zealand she does write,  
In the bathroom, by candlelight.

### VICKY PRYSIAZNIUK

You never know when she's around,  
This girl who hails from Pine River town,  
Agreeable, good natured, and kind is she,  
And especially happy when she passes "A & P".

### LEEVEERNE GALANT

Flin Flon gave us a girl named Lee,  
When Bev's around, she's in her glee,  
Getting letters from home makes her gay,  
For this is the time she wins her pay.

## BACK ROW

### SHARON LAURIE

Sharon, Sharon, small and petite,  
Everyone tries to get her to eat,  
She really tries to gain some weight,  
For someone she will make a fine mate.

### AIDA ERDMANIS

Aida is our Latvian miss,  
She studies "A and P" and the "Bundle of His",  
Works so hard at one thing and another,  
So on weekends, it's home to Vaughn and Mother.

### PAT KOSTICK

Pat is the top of our class,  
Although she is a devilish lass,  
To one and all she loves to talk  
And when it comes to studying - she does balk.

### GLENDA LUMAX

Glenda is our class president,  
A former Swan River resident,  
She's always full of pep and fun,  
We go to her when we want things done.

### KAREN FOUBERT

Karen thinks she's starting a new fad,  
With runs in her nylons that really are sad,  
With monkey faces and a notorious laugh,  
She loves to pass an odd joke in class.

### BONNIE LUMAX

Bonnie is a happy miss,  
Her fiery hair is never amiss,  
She has a certain flare with everyone,  
And when she smiles - it's like the sun.

### JEAN ANDREWS

Our Jeannie with the dark brown hair,  
To the cafeteria, she's the first one there,  
She's agile and supple,  
And a real apt pupil.

### IRENE NICHOL

Irene is the quiet type,  
And is usually up half the night,  
With her book and pen in hand,  
She is the most content in all the land.

### MILDRED SMITH

Millie is short and frail,  
Always looking forward to getting mail,  
On weekends she is not to be found,  
Whenever there's fun, Millie is around.



# SOCIAL EVENTS 1962-1963

Socially for 1963 the students spent quite an eventful year.

The second and third years students had a "Get Acquainted Party" for the newcomers. Following this, was the big initiation for the "probies." They were put through their paces dressed in weird costumes and were forced to obey the wishes of the seniors. Fun was had by all!

Our first dance of the year was our Hallowe'en party. To this we invited the Air Force. These fellows seemed to be the "highlight" of the year. The punch, chips and apples were scrumptious. Prizes were given for the various dances.

About this time the Student Council dug into their funds and purchased a Hi-Fi set. It does wonders for the Recreation Room.

The next exciting event was our Christmas dance held at the Fort Garry Hotel. There was a Smorgasbord supper. After supper we were entertained by the Limbo dancers and danced to Mr. J. Shapiro's orchestra.

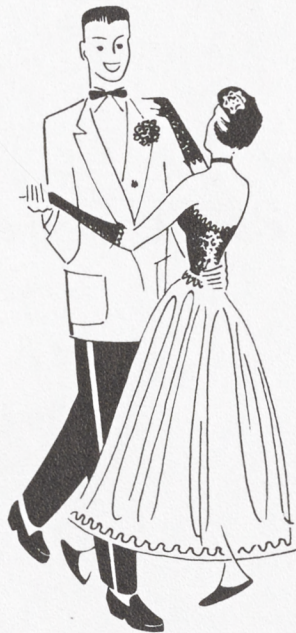
The Christmas party sponsored by the students was held in the residence and enjoyed by the staff.

Another mixed event was held in February. This time the Faculty of Engineering was in the "spotlight".

I feel the past social year was enjoyed by all and proved to be a great success.

For this we have to thank the classes of 1963, 1964, 1965 for their interest, co-operation, great initiative and tremendous support in helping to make it such a success.

Donalda Katz - 1963,  
Social Convener.







Front Row: Misses J. Sigurdson, I. Misener, W. Fordyce  
 Back Row: Misses J. Brown, G. Lumax, J. White.

## STUDENT COUNCIL

Honorary Adviser . . . . .	Miss I. Misener
President . . . . .	Judith Sigurdson
Vice-President . . . . .	Wendy Fordyce
Treasurer . . . . .	Joy Brown
Secretary . . . . .	Judy White

## CLASS REPRESENTATIVES

1963 . . . . .	Judith Sigurdson
1964 . . . . .	Wendy Fordyce
1965 . . . . .	Glenda Lumax



# AFFILIATIONS

## CHILDREN'S HOSPITAL

Pediatrics, the diseases of children, what a challenging and interesting subject!

In Winnipeg, the Children's Hospital plays host to numerous affiliating students from various schools of nursing throughout the city.

This affiliation consists of a full three months of studying and ward duties. I'm sure we shall never forget our fourteen nights or counting "drips" from those famous I.V.'s.

Who ever thought anything as simple as a routine urinalysis could be so difficult to obtain.

The combination of tape, gauze, test tubes and "extremities" can be very frustrating to a poor student!

The Outpatients' Department proved a source of interest and valuable knowledge to anyone fortunate enough to obtain this special posting. Here a new outlook on nursing was introduced.

In conclusion we would like to say "Thank you to everyone responsible for arranging this affiliation.

Norma Harrison,  
Class of '63.

## BRANDON MENTAL HOSPITAL FOR MENTAL DISEASES

With much eagerness and anticipation we boarded the Greyhound bus for that small city due west.

What would it be like? What would we be doing? Would we like it? These were only a few of the many questions that entered our minds.

The first couple of days were spent in orientation to our new surroundings, which would be our home and place of learning for the next three months. We were not alone though, there were affiliates from Brandon General and the Winnipeg Children's Hospitals.

All those buildings! Which one do we work in? was our biggest concern. We soon found out, however, and by the end of two or three weeks we felt quite at home.

Those girls, who were used to running around with trays, medications and wash basins, were

now sitting playing cards or going for walks with their patients. This seemed strange at first, but one soon learned that the nurse-patient relationship is one of the most important aspects of psychiatric nursing.

Five hours a week were spent in the classroom. After six weeks we wrote a mid-term examination which was quite easy. Needless to say, the final one was not as easy as we had hoped it would be.

We returned to our home hospital feeling that these were three months well spent. We had gained something which is difficult to explain -- perhaps a better understanding of ourselves; not to mention the numerous friends we had made and the fun we all had together.

Jeanette McDonald,  
Class of '63.

## THE KING GEORGE HOSPITAL FOR COMMUNICABLE DISEASES

Measles - chicken pox - diphtheria - infectious hepatitis . . . . . These signs greet you at doorways as, bewildered you walk through the most germ-conscious ward of any hospital in the city. This is the time that you realize many exciting events will likely take place within the next month.

The three day orientation period includes an interesting tour of the three municipal hospitals and an insight into the gowning and scrubbing techniques, which after a few days yields painful, excoriated arms. Classes on

the various communicable diseases made the affiliation more interesting and gave us a better understanding of the importance of isolation technique, gowning and scrubbing.

We were fortunate in being permitted to work in the post-polio wards, where we learned to care for patients in respirators and on rocking beds.

Now, carefully thinking back on the month we spent at the King George Hospital, -- how many times, while hurrying to classes did



we drop our pens or pencils on the contaminated floors?

How many times did we wake up in the morning with red swollen eyes, and diagnosed ourselves as "measles", only to find it was simple coryza. How many times did we sleep

with painful arms carefully placed at our sides to protect them from injury?

To all concerned -- thank you for the privilege of this month of special teaching on communicable diseases.

Helen Hutchison,  
Class of '64.

## WINNIPEG GENERAL HOSPITAL WOMEN'S PAVILION FOR OBSTETRICS

What would your first reaction be as you walked into a strange place, such as the Winnipeg General Hospital? As I recall, I was more worried about getting lost than anything else.

My first day I slowly walked up the steps of the old Nurses' Residence with a feeling of nervousness and apprehension. In the classroom, new friendly faces dispelled all of my fears and I knew I was going to enjoy my three months of obstetrics.

As I think back I often wonder how we ever made it from the Pavilion to the main cafeteria through the long tunnels for our coffee breaks. We no sooner reached the cafeteria than it was time to go back.

My first day on the wards at the Pavilion, was like going on wards for the first time as a "probie". The procedures seemed to be different although they assured me the principles were the same.

Then there are L and D (labor and delivery).

Here we find mothers eagerly awaiting the arrival of their babes, or new mothers proudly cooing to their newly borns. Then comes the long awaited time -- a new babe is born. As you look around all the new faces of new students are filled with awe. Each student has experienced a wonderful miracle.

Three short weeks are spent in the nursery. It's a wonderful feeling to see the joy in a mother's face as you place her tiny babe in her arms.

In addition to the wards, the nurseries, L and D, we have one more important place - O.P.D. Clinic. Our few days spent here are much enjoyed.

I have learned most of all, that God's greatest gift to man is life.

To everyone concerned - "thank you" for giving us the opportunity of this affiliation.

Janet Wruck,  
Class of '63.

\*\*\*\*\*

## OBSTETRICS (Victoria General Hospital)

The four months of experiences on the obstetrical ward were exciting and challenging to us.

With uneasiness, I presented myself on the ward that first morning, not knowing what the day would bring forth. Gradually I was orientated and the ward became familiar to me.

Fortunately, it did not take too long for me to witness a baby being born. Filled with awe and bewilderment, I left the ward to tell my friends of the day's experience.

A happy event was dressing the babies in the beautiful clothes the mothers brought for

them. Then to see the proud mother take her baby home.

One month, spent in the nursery, I was taught the normal and abnormal conditions of the new born babies.

With the patience and helpfulness of the doctors and nurses, this experience is one that will remain with us. It will be wonderful to recall our three months on the obstetrical ward.

Linda Krueger,  
Class of '64.





## THE MANITOBA STUDENT NURSES' ASSOCIATION

The Manitoba Student Nurses' Association is an organization which has three main activities.

- (1) It provides good fellowship and friendly competition among the schools of nursing;
- (2) It plans social activities each year, and
- (3) Provides scholarships for students who may be in need of financial aid.

This past year has been an interesting and eventful one for most of us. On October 23rd, the "probie welcome party" began a monthly series of social activities. The valentine formal, rummage sale, summer ball game, Christmas carolling, films and guest speakers, will bring back many memories to us in future years.

It has been a successful and eventful year where we have learned to pool many ideas from different hospitals with an end result enjoyed by all.

Wendie Fordyce,  
Class of '64.



# THE OPERATING ROOM

As we advance to the "operating room phase" of our training many of us feel apprehensive and nervous as to how we will react to the environment and tensions of this department. What will it be like to view our first major surgery? We all look forward to this part of our training with great expectancy and definite interest.

Feelings are quite mixed as a student views her first major operation, watching the surgeon's sure, deft, movements as he proceeds with the various stages of the operation, while the efficiency of the supporting members of the team is marvellous to behold.

As the student watches the scrub nurse she wonders how she herself, will ever be able to perform in like manner; setting up the instruments in their proper order, gowning and gloving the doctors, draping the patient properly, without contaminating herself, and handing the surgeon the instruments that he calls for quickly - and threading the needles in a hurry!

One marvels at the use of the gas machines and the various types of anaesthesia employed. The anaesthetist informs the student on the types and methods of administration of general anaesthetics, as well as the general precautions taken to guard against explosions.

We are taught the principles of good technique by the instructor, and we go through a practice session before our initial scrub for a major operation.

We are taught to scrub for a full eight

minutes before we enter a theatre, to dry our hands thoroughly on a sterile towel, along with the gowning and gloving procedures; then comes setting up the instruments, draping the patient and taking our place beside the surgeon to do our best in assisting him by passing him the instruments he asks for, as well as maintaining sterile technique throughout the whole operation.

Upon completion of the four weeks training in the operating room, the student proceeds to the recovery room where she is given special instruction in care of patients, post-operatively. Here, patients are placed under surveillance for sometime prior to being taken back to the wards. Blood pressure, pulse and respirations are checked frequently each hour, until such time as they have recovered from the anaesthesia sufficiently enough to be returned to the ward. Here too, the operative area is checked frequently for bleeding, and signs and symptoms of shock are watched for and the patients are guarded against trauma of any kind. Emergency drugs and equipment are placed in this department and are available at all times should the need arise.

On behalf of the Class of '63, I extend our thanks and appreciation to the doctors, supervisors, nurses, and all personnel connected with the operating room, for their kind consideration and help during the time each one of us spent in this department.

Doris H. Smith,  
Class of '63.

## TAKE TIME

Take time to think, it is the source of power;  
Take time to play, it is the secret of perpetual youth;  
Take time to read, it is the fountain of wisdom;  
Take time to love and be loved, it is a God given privilege;  
Take time to be friendly, it is the road to happiness;  
Take time to laugh, it is the music of the soul;  
Take time to give, it is too short a day to be selfish;  
Take time to work, it is the price of success.





## A NURSE'S PRAYER

Because the day that stretches out for  
me

Is full of busy hours, I come to Thee  
To ask Thee, Lord, that Thou wilt see  
me through

The many things that I may have to  
do.

Help me to make my beds the smoothest  
way.

Help me to make more tempting every  
tray.

Help me to sense when pain must have  
relief.

Help me to deal with those borne down  
by grief.

Help me to take to every patient's  
room

The Light of Life to brighten up the  
gloom.

Help me to bring to every soul in fear  
The sure and steadfast thought that  
Thou are near.

And if today, or, if tonight, maybe,  
Some patients in my care set out to  
sea,

To face the great adventure we call  
death,

Sustain them, Father, in their parting  
breath.

Help me to live throughout this live-  
long day

As one who loves Thee well, dear Lord,  
I pray;

And when the day is done, and evening  
stars

Shine through the dark above the sunset  
bars,

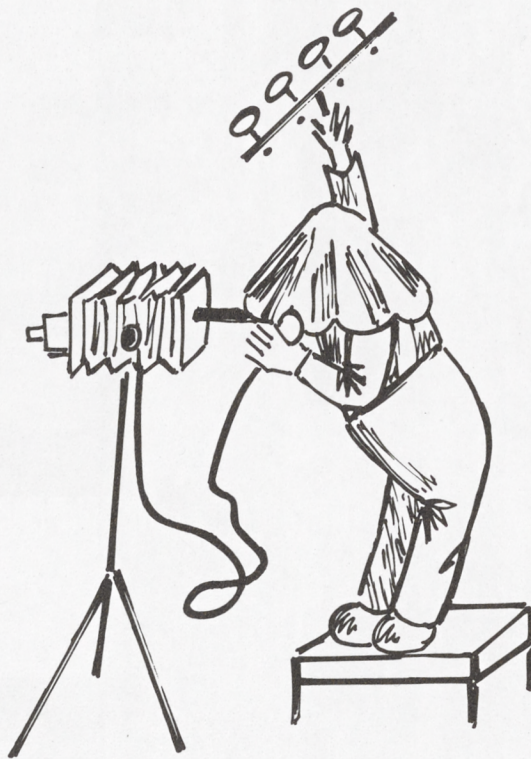
When weary quite, I turn to seek my  
rest,

Lord, may I truly know I've done my  
best.

Ruth Winant Wheeler.



# CANDIDS





# AROUND THE HOSPITAL



Laboratory



Business Office



X-Ray



Central Supply Room



Ward Clerks



Engineers



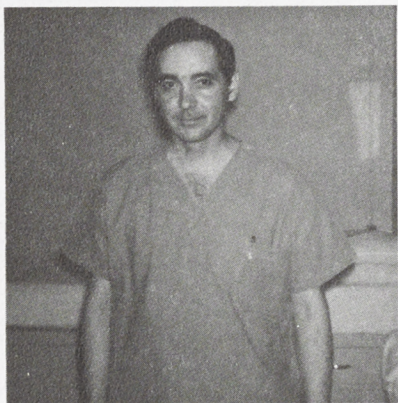
# AROUND THE HOSPITAL



Cafeteria



O. R. Prep. Room



E. K. G. Department



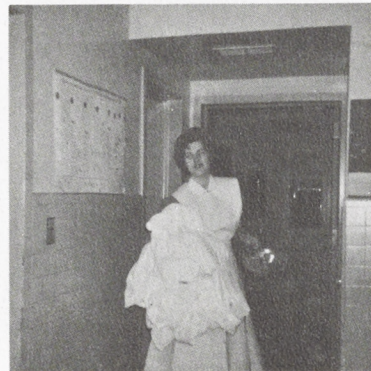
Admitting



Kitchen.



# IN THE HOSPITAL CLASS 1963





# IN THE HOSPITAL CLASS 1963





# HERE-THERE-AND EVERYWHERE



Mrs. Riddell



Report on C West



Miss Brash



Brandon



Mrs. Elliott



Kitchen Capers

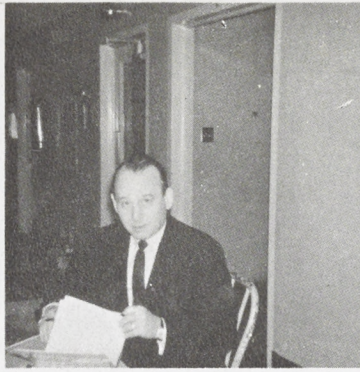


B East





Dr. T. Beighton



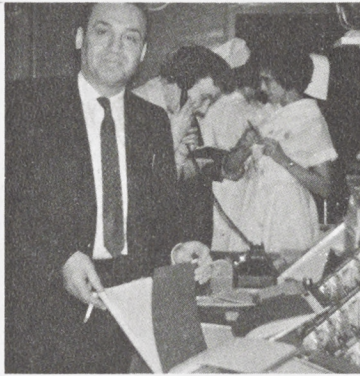
Dr. V. Rosenfield



Dr. L. Hershfield



Dr. J. Miller



Dr. M. Marmar



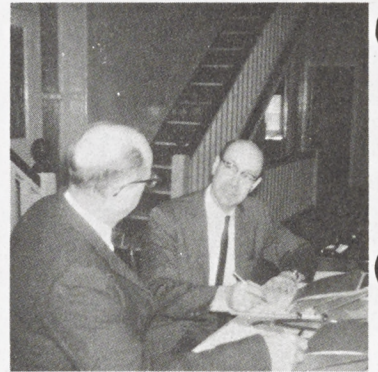
Drs. Reznowski & Malyska



Dr. L. Greenberg



Dr. A. Goldstein



Drs. Lyons & H. Lander



Dr. B. Lyons



Dr. J. Ludwig



Dr. M. Shnider

DEAR DOCTORS



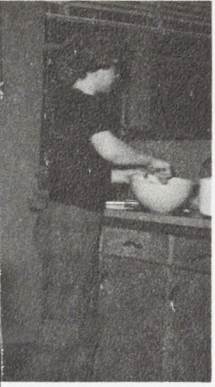
# AROUND RESIDENCE



"Relaxation"



"Half way"



"Cook Supreme"



"Fracture"



"Miss Chop Suey"



"Rub a Dub Dub"



"Determined"



"It's Dry"



"Flapper Days"



"Midnite Snack"



"Hey there!"



"Mommy"



"Mardi's last day"



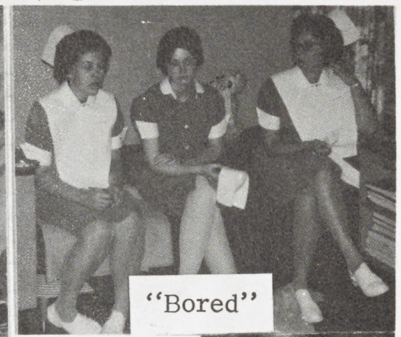
# AROUND RESIDENCE



"Blue and White"



"It's twins"



"Bored"



"Cute"



"Huff and Puff"

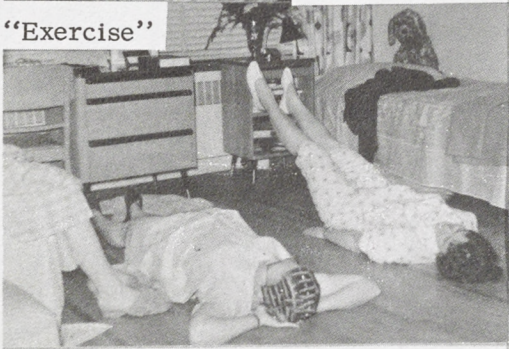


"Legs"



Mrs. Melnyk

"Head to Toe"



"Exercise"



"Initiation"



"Who, me?"



"Sleeping Beauty"



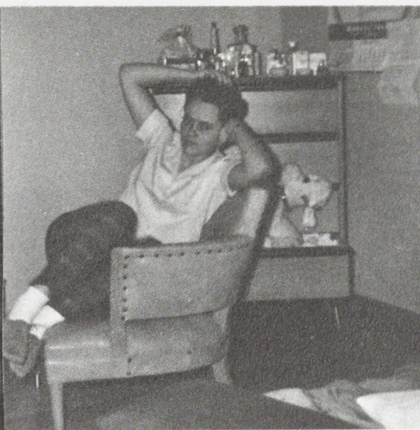
"Story Time"



# CANDIDS



"Class 1963"



"Ooo - Junior Block"



"A Toast"



"Friends"



"Bedlam"



"Tails out"



"Sun bathing"



"Bedtime"



"Correspondence"



"Let's eat"



"Dolls"



"Oh yes"



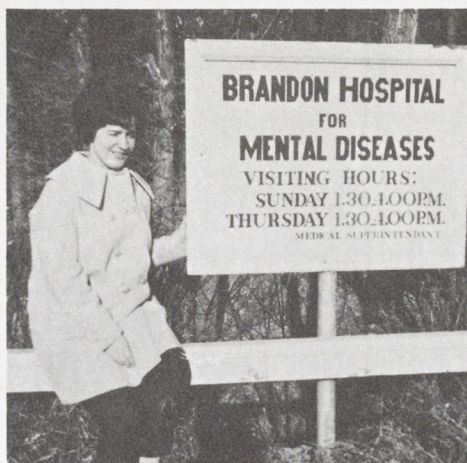
"Hi!"



# AFFILIATIONS



"Drink, drink, drink"



"Good old B.M.H."



"Here I am"



"Brandon, here we come"



"Ain't they sweet"



"Pin and a Button"



"Calories at midnite"



"I'm flipped"



"Baby, baby, baby"



"Studying."



"Wild"



## CITY HYDRO

- \* this successful \$70,000,000 electric utility is owned and operated by the people of Winnipeg
- \* its electric rates are among the lowest in the world and these rates are basically the same as they were 50 years ago
- \* over the years this utility has contributed out of its profits, over \$12,000,000 to the City of Winnipeg's General Budget to help reduce taxes
- \* owns and operates two power plants on the Winnipeg River (Pointe du Bois and Slave Falls) and a steam turbine plant on the Red River with a combined generating capacity of 275,000 horsepower.

OFFICES: 55 Princess Street

SHOWROOMS: 405 Portage Ave.

Everything in Cleaning Supplies

### MID-WEST SUPPLIES

C. I. Keith Lessee Dealer Ltd.

730 Madison Street

WINNIPEG 21

MANITOBA

CONGRATULATIONS  
from

### Independent Fish Co. Ltd.

Fresh, Frozen and Smoked Fish, Shrimps, Oysters and various fish products. Frozen fruits and vegetables, and frozen citrus juices.

All Phones SP 4-4547

COMPLIMENTS OF

### STERLING SHOES LTD.

422 Portage Avenue

### Domtar Packaging Limited Bell — Kilgour Division

Paper Supplies of Quality  
Satisfaction and Economy

Toilet Paper, Krinkled Kraft Liners, Shopping Bags, Towels, Reinforced Kraft, Gum Tape, etc.



CONGRATULATIONS

**BRATHWAITE'S  
LIMITED**

Prescription Specialists  
Portage at Vaughan  
Phone WH 2-4294

COMPLIMENTS

**YELLOW CAB CO.**

WH 2-7555

COMPLIMENTS OF

**Osborne Ladies Apparel**

114 Osborne Street

10% DISCOUNT  
TO STUDENT NURSES

Ph. GR 5-5786

CONGRATULATIONS

from

**WEIDMAN BROS. LTD.**

244-248 Jarvis Avenue,

Winnipeg, Manitoba.

**ROYAL DAIRIES LIMITED**

Est. 1902

By Taste or Test

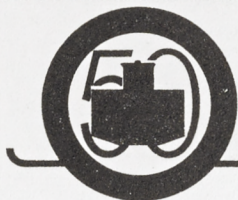
-

Still the Best

842 Cambridge Street

Call GR 4-1451





Canadian **LIQUID AIR** Company  
LIMITED

C O A S T T O C O A S T

## OXYGEN — GAS OF THE CENTURY

Oxygen, used in such widely divergent industries as steelmaking and fabrication, chemicals and space rockets, is cast in its ageless life-saving role in modern hospitals.

Everyday in Canadian hospitals, millions of cubic feet of oxygen are used with a variety of equipment to assist doctors in their life-saving work.

Around the use of oxygen, whole new inhalation techniques and equipment have been developed for the benefit of patients -- and research continues.

In all of this, Liquid Air is in the forefront with long established production and distribution facilities everywhere in Canada. Thus a local service is provided to all hospitals for the supply of oxygen and anaesthetic gases, inhalation and anaesthetic equipment.

Back of these facilities is Liquid Air's team of well trained, highly skilled technical consultants.

764 Erin Street

WINNIPEG 10, MAN.

MORE THAN 50 YEARS' EXPERIENCE AND PROGRESS ARE YOUR ASSURANCE OF QUALITY PRODUCTS AND SERVICE FROM LIQUID AIR.

# Perth's

More Value for your Cleaning Dollar.

CLEANERS • DYERS • LAUNDERERS • FURRIERS



With the Best Wishes of

**FRANK W. HORNER LIMITED**

*PHARMACEUTICALS*

Montreal

Canada

COMPLIMENTS OF

**G. TAMBLYN LTD.**

84 Sheppard Avenue East

Willowdale, Ontario, Canada

Compliments of

**CAMPBELL & HYMAN LTD.**

Surgical Supplies

632 McDermot Avenue

Winnipeg 2

Manitoba

CONGRATULATIONS

**BRUCE HUNTER**

**"BUD" HARMON**



*Write* FOR BEAUTIFULLY  
ILLUSTRATED CATALOG

*Angelica*

the world's most imitated  
UNIFORMS

FOR MEN AND WOMEN

WAITRESSES  
DIETARY  
HOUSEKEEPING  
MAINTENANCE

Manufactured in Montreal  
by

**Chez Cora Limited**

4235 Iberville St. • Tel. LA. 7-4513

Makers of uniforms for

RESTAURANTS HOTELS  
HOSPITALS PROFESSIONAL  
INDUSTRIAL

Latest Catalog available upon request

For further information mark No. 65

*Best Wishes*

from

**Texpack**  
LIMITED

HOSPITAL DRESSINGS DIVISION

Texpack Ltd: Toronto  
Brantford . Montreal



**Manner Frozen Foods Ltd.**

Bannerman at McGregor  
Winnipeg 4, Manitoba

A COMPLETE HOME FREEZER  
FOOD SERVICE

With the Compliments of

**Hoechst Pharmaceuticals  
of Canada Limited**

Makers of DOXIDAN, Orinaise  
and Reverin

A century of scientific achievement  
through research

Congratulations to the

GRADUATING CLASS of

**Victoria General Hospital**

from the

LADIES' AUXILIARY

Compliments of

**Ketchen Printing Company**

1190 Main Street Winnipeg 4, Manitoba

Telephone JU 9-4378



*"It would be interesting,  
Members of the Graduating Class,  
to cast your horoscopes . . .*

"YOU will be better women for the life which you have led here. But what I mean by 'better women' is that the eyes of your souls have been opened, the range of your sympathies has been widened, and your characters have been moulded by the events in which you have been participators during the past years.

"Practically there should be for each of you a busy, useful, and happy life; more you cannot expect; a greater blessing the world cannot bestow. Busy you will certainly be, as the demand is great, both in private and public, for women with your training. Useful your lives must be, as you will care for those who cannot care for themselves, and who need about them, in the day of tribulation, gentle hands and tender hearts. And happy lives shall be yours, because busy and useful; having been initiated into the great secret — that happiness lies in the absorption in some vocation which satisfies the soul; that we are here to add what we can *to*, not to get what we can *from*, life."

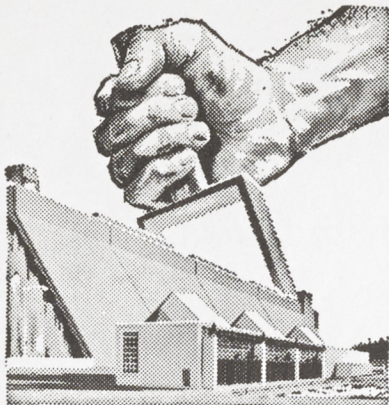
Sir William Osler



**With the best wishes of**







It  
takes  
5 years  
to  
throw  
the  
switch

This is the time required by your Manitoba Hydro to build and develop a power project. Time and development that is building a strong base for a healthy and expanding Manitoba economy. Time and development that provides our province and its many towns, villages and cities with electrical power - a power that's attracting new industry and creating more jobs, more opportunities and more prosperity for a growing Manitoba.

**MANITOBA HYDRO**

## *R. Shinoff & Sons*

The "House of Quality & Service"

**WHOLESALE FRUIT AND VEGETABLES**

•  
**WINNIPEG 4**  
MANITOBA

269 Dufferin Avenue Phone JUstice 9-6394

Congratulations and much success  
from

**LILY CUPS LIMITED**

P. O. Box 4020

Terminal A,

Toronto 1, Ontario

"The Best in Photography"

**DAVIDSON STUDIOS**

Jack Davidson

Master of Photography

106 Osborne Street

GL 3-8541





# NURSES' ALUMNAE

CONGRATULATIONS

GRADUATES OF '63

JOIN US AND ENJOY THE GOOD FELLOWSHIP

AMONG THE GRADUATES OF THIS SCHOOL

NURSES' ALUMNAE MEMBERS



Best Wishes

from

The Board of Trustees

VICTORIA GENERAL HOSPITAL

Compliments

of

ROSSEN LUMBER & SUPPLY LTD.



Congratulations  
to the Class of 1963  
from

A FRIEND

CONGRATULATIONS  
to the  
GRADUATING CLASS  
from  
Emily Beath Guild  
Victoria General Hospital









VICTORIA GENERAL

SCHOOL OF V















